



YOUTH LEADERSHIP CONFERENCE

Packing List

Participants attending “Youth Leadership Conference” will bring the following items:

1	Sleeping Bag w/ Sleeping Pad	1 pr	Athletic Undergarments (sports bra, boxer briefs, etc.)
1	Small Pillow (<i>optional</i>)		
1 pr	Blue jeans or other rugged pants	1 pr	Running Shoes (<i>should have tread</i>)
1	Long sleeve shirts or sweat shirts	1	Bath Towel and Washcloth
2	Short sleeve shirts or T-shirts	1	Set Toiletries
3 prs	Underwear	1 pr	Shower shoes (<i>Flip-Flops</i>)
3 prs	Socks	1	Sports Bottle
1 pr	Boots/Hiking Boots	1	Wristwatch (<i>optional</i>)
1 pr	Gloves	1	Bookbag (<i>backpack</i>)
1	Knit Cap	1	Ink Pen
1	Cold Weather Jacket	1	Pencil
1 set	Sweat clothes/Warm-up suit	1	Small Notebook or pad
1 set	Sleepwear	1	Disposable Camera (<i>optional</i>)
2	Business Casual Outfits	1	Laptop or tablet

It is assumed that one set of clothing (listed above) will be worn on arrival day. Go to www.weather.com and check the weather report for zip code 05663. You will have to walk outdoors up to a half mile. Bring appropriate clothing and dress in layers.

Mark Your Equipment and Clothing with Permanent Marker!

Clothing will not bear logos or emblems that would be considered inflammatory or offensive. Foul language, sexually explicit or demeaning comments, racial slurs, and advertisements for alcohol or tobacco products are examples.

Cell phones are permitted for use during personal time. If used during training, they will be confiscated and returned at the end of the conference.

If you have any doubts about what to bring please contact the YLC office at (802) 485-2531.

What Not To Bring

Camouflage Clothing
Weapons of any kind

Tobacco Products
Knives, Pocket or Otherwise

Illegal Drugs
Alcoholic Beverages

If it's not on the packing list...you don't need it!

Participants will be living in close quarters with other participants. There are no wall lockers to secure high dollar items.