

# **ROOK PACKING LIST 2025**

All Rooks will need to bring health insurance information and proof of identification, such as social security card (signed) or birth certificate. Please refer to the proof of identification section for further details. Rooks will also need to know their FAFSA pin (as applicable), Norwich University email address and computer account name and password.

Rook	x Arrival Day Attire			
Rooks	must arrive on Rook Arrival Day wearing the	following attire	· ·	
	Tan chino-style khaki pants:	_	Khaki Pants Example	
	Conservative black belt with plain buckle:		Belt Example	
	Short-sleeved plain white collared dress shirt		Shirt Example	
	÷	<ul> <li>No patterns or</li> </ul>	<del>-</del>	
	•	-	ast pocket or not	
	±	•	ust pocket of not	
• Collar may be button down or non-button down				
	White crew-neck short sleeve t-shirt (no V-neck or pockets)			
ш	Running shoes	-1-		
	Should be predominately white or bla		1 1 0 11 '	
	Prior to Rook Arrival Day try to breal	in your running	g shoes by following	
	the manufacturers recommendations			
Ш	White crew length athletic socks			
Note:				
	Rooks authorized to arrive earlier than Rook	Arrival Dav ma	v arrive in conservative	
	civilian attire. On Rook Arrival Day early arr	-	-	
	Arrival Day attire.		10.22.00.00 11.00.2	
2.	Items with an asterisk* below are available for	or purchase at th	ne Cadet Uniform Store.	
	However, they are generic items and can be p			
	some on hand for emergency restock, but not			
	recommend purchasing these supplies from le		C	
Cloth	ning			
Manda	tory:			
	2 Pairs of Army regulation coyote colored lac	e up combat bo	oots (no zippers):	
	☐ 1 Pair of summer boots*	<u>I</u>	Boots Example	
	☐ 1 Pair of winter boots*		_	
	1 Pair of black military style dress shoes	Ī	Oress Shoe Example	
	<ul> <li>Dress shoe may be full leather Oxford</li> </ul>	_	<del>-</del>	
	commonly referred to as no-shine or	• • •	Corfams Example	
	1 Pair of Danner Tachyon black Gore-Tex bo		Boots Example	
	waterproof* or similar style boot, no zippers	_	<del></del>	

	acturers' recommendations.			
	<ul> <li>10 White crew-neck short sleeve t-shirts* (no V-neck or pockets)</li> <li>10 Pair black crew length dress socks*</li> <li>10 Pair white crew length athletic socks* (no visible logo exposed when worn)</li> <li>15 Pair military boot socks* <ul> <li>The color of the socks must be solid tan, coyote, green, or black</li> <li>Rooks will be issued an additional 5 pairs of boot socks upon arrival.</li> </ul> </li> <li>Wristwatch* <ul> <li>Neutral or military tone color, such as black, white, green, coyote, brown, tan, or skin tone. Smart watches permitted.</li> <li>Recommended miliary time feature and one that is water resistant or waterproof</li> </ul> </li> <li>Prescription eyeglasses (as applicable) or contact lenses and solutions</li> </ul>			
	Rook Specific: 3 neutral tone* sports briefs or compression shorts			
Femal	10 pairs of neutral tone boxer or briefs underwear  *Neutral Tone is considered: white, beige, black, brown, or skin tone			
	10 neutral tone* bras  □ 3 neutral tone sports bras. □ 7 remaining bras may be neutral tone regular bras or neutral tone sports bras 10 pair of neutral tone underwear 1 Sports bathing suit that is black or navy-blue 1 Barrettes and hair elastics that match hair color, or black; no scrunchies 1 Sock or mesh bun that match hair color or black 1 Bobby pins if the hair length is below collar length 1 Hair spray or gel			
Note: lattire.	Pajamas / personal sleepwear is not permitted. All rooks will sleep in clean physical fitness			
Additi	itional clothing items that are recommended, but not required:  ☐ Additional pair of athletic shoes  • In case your running shoes get wet, or if you prefer a different shoe for working out in the gym or while playing certain sports (such as basketball).  ☐ Thermal underwear neutral tones of color*  ☐ Traction cleats for snow*			
	• Helpful during field training in the winter months, popular brand is Yaktrax.			

### **Business Attire**

- Rooks who intend to play varsity athletics are required to wear business attire for away competitions.
- Some professors require business attire for presentations or class trips. Rooks should find out during the first week of classes whether this will be a requirement for class.
- Male business attire includes- business suit or sport coat with dress shirt and tie, dress pants, leather belt, dress shoes.
- Female business attire includes- business suit (pant or skirt) with hosiery and closed toe shoes with or without a heel; or tailored separates such as skirts, slacks, blouses, and sweaters, with hosiery and closed toe shoes with heel or without heel.

**National Guard or Reserves -** Rooks serving in the National Guard or Reserves may bring issued uniforms and equipment necessary for drill weekends.

## **Laundry and Linen**

Cadets must do their own laundry in their barracks for which there is no charge for using the washers and driers. The Uniform store offers linen packets, laundry detergent, stain spray, irons, ironing boards, and spray starch. We recommend incoming students practice doing laundry and ironing before arriving, as their uniforms must be crisp and clean at all times.

In lieu of purchasing a linen set from the Uniform Store, bring:  ☐ Standard size pillow ☐ 2 White standard size pillowcases ☐ 4 White twin size standard flat sheets (no fitted sheets) ☐ 6 White bath size towels
The Uniform Store offers linen packets meeting NUCC standards for purchase in advance. Packets can be picked up on Rook Arrival Day. Full Set: \$70 (4 flat sheets, 2 pillowcases, 6 towels, 1 pillow) Link to Order Form

# **Computers, Cell Phones, and Tablets**

Please review Information Technology Services on our <u>ITS Website</u> .
☐ Computer required (laptop or desktop with a monitor size 32 inches or less)
Additional electronics:
☐ Cell phone (recommended) Note: Use is very restricted during the first semester
☐ Tablet, iPad, or similar (optional)

	academic buildings, Kreitzberg Library, and W						
	by all students.						
	☐ Ethernet cable (required for barracks room connection) ☐ Headphone or earbuds (optional) Note: Rooks may be used for academics only.						
	Thumb or flash drive (recommended)	may be use	ed for academics only.				
	Surge protector (recommended)						
	Surge protector (recommended)						
Su	pplies						
	Backpack or Computer Bag* (color black, cons	servative st	yle)				
	<ul> <li>Cadet Uniform Store sells Rothco Trans</li> </ul>	sport Pack	(large size)				
	<ul> <li>NU branded backpacks and bags availa</li> </ul>	ble at the L	Uniform Store or Bookstore				
	Prescription medicines as annotated on required	d medical f	form required for enrollment				
	Shoe Polishing kit*						
	<ul> <li>Kit should include black shoe polish, co</li> </ul>		<u> </u>				
	Toiletry items (a limited selection is available a	at the Unive	ersity Bookstore):				
	Soap and shampoo						
	Deodorant*						
	Toothbrush and paste*						
	Nail clippers Shaving razor (maybe electric) and cream*						
	Feminine hygiene products (as applicable) *						
	25 Clothing hangers*						
_	<ul> <li>Wooden (natural wood color) or plastic</li> </ul>	(white or h	olack)				
	Flat iron* and ironing board* (floor model reco	*					
	Spray bottle	,					
	Broom and dustpan						
	All-purpose cleaner such as Lysol, Windex, 409	9, Fabuloso	o, wet wipes				
	Cleaning rags (old towels or old t-shirts are fine	e)					
	Sewing kit*						
	Alarm clock (no clock radios)						
	Padlock*						
Ш	School supplies (a limited selection is available		· · · · · · · · · · · · · · · · · · ·				
	☐ Paper / Notepad		Folders				
	<ul><li>□ Pens (black ink) / Pencils</li><li>□ 5 Black dry-erase markers</li></ul>		Scissors 12 sheet protectors, clear				
	(fine point)		(8x12 inch)				
	☐ Permanent black marker		Masking tape roll* (3/4 inch				
	(fine point)	_	wide)				
τ.							
Items recommended, but not required:							
	☐ Lockbox for desk drawer - Not larger than: 9"D x 12"W x 5"H (The desk does not lock)☐ Calculator (For select majors consult with your admissions counselor or academic						
	department)						
u	•						
	☐ Stapler and staples						

	Ruler Toiletry bag or small carryall Facial tissues Washcloths Desk lamp Personal desk fan Multipurpose tool (Knife blade, not to exceed a Leatherman)		Index cards  Lotion Lip balm ( <i>Chapstick</i> ) Foot powder or body powder Boot cleaning kit* hes. Popular brands are <i>Gerber</i> and			
Musical Instruments  Rooks may bring a musical instrument with the consideration of joining our Regimental Band, Concert Band, Grenadiers Jazz Band, and our NU String Ensemble.						
Proof of Identification All Rooks will receive a Norwich student photo ID during Rook Arrival Day in processing. A second form of photo ID is recommended.						
ROTC branches require an original or certified certificate of birth and original social security card (must be signed) or proof of citizenship, as applicable. Copies of the original documents will be made. ROTC branches will contact Rooks prior to arrival if more information is needed.						
For que	Air Force and Space Force ROTC (8	302) <sup>4</sup>	485-2480 / armyrotc@norwich.edu 485-2460 / afrotc@norwich.edu 485-2185 / mansfiet@norwich.edu cbryanbr@norwich.edu			
For employment at Norwich University, as a work study or non-work study, Rooks must have two forms of ID:						
		l ID 1	form two may be:			
	NU student ID		• Social Security Card (Signed)			
	• Driver's License		• Certificate of Birth			
	<ul> <li>USA Passport or Passport Card</li> </ul>		• USA Citizen ID Card (Form I-197)			
For que	estions related to Norwich employment or work	stud	y contact:			
-	<b>Human Resources Office</b> (8	302) 4	185-2075 / nuhr@norwich.edu			

Rooks interested in traveling abroad with their athletic team, for service learning, or ROTC military training opportunities will need a passport (unless the travel is to Canada, in which case an enhanced driver's license is acceptable). Rooks are not authorized to study abroad during their first year.

## The following items are prohibited for Rooks:

Alcoholic beverages

Animals (live, service, or stuffed)

Bedspreads / blankets / colored or fitted sheets

Bicycles, skateboards, etc.

Candles / incense

Civilian clothing (except what is required) Computer games or gaming consoles Computer monitors larger than 32 in.

Desk plotters

Electrical devices (except power strip)
Firearms of any sort and ammunition
Fish, turtles, aquetic primals, etc.

Fish, turtles, aquatic animals, etc.

Food, candy, gum, etc.\*

Illegal drugs / steroids

Knives with blade over 3 inches Pajamas / personal sleepwear

**Plants** 

Posters or framed pictures

Rugs or doormats Shelves / crates

Stereos, CD players, iPods, GoPro

Television or radio

Tobacco products (e-cig, vapes, JUULs, etc.)

Vehicles

Wastebaskets (one will be issued)

### **Contact Information**

#### Office of the Commandant

Monday – Friday 0800-1630 (802) 485-2135 commandant@norwich.edu

#### **Cadet Card Office**

Monday – Friday 0800-1600

cadetcard@norwich.edu

#### **University Bookstore**

Monday – Friday 0800-1600 (802) 485-2200 0573mgr@fheg.follett.com www.bkstr.com/norwichustore/home

### **Cadet Uniform Store**

Monday – Friday

0730-1600 (Summertime 1000-1400)

(802) 485-2017

uniformstore@norwich.edu

www.norwich.edu/offices/cadet-uniform-store

#### **Computer Services Helpdesk**

Monday – Friday 0800-1630 (802) 485-2456 helpdesk@norwich.edu

#### **NU Health Services**

Monday – Friday 0800-1630 (802) 485-2552

healthservices@norwich.edu

# Bus, Train, and Airport Transportation

Norwich does not provide free transportation to or from public transportation, this includes the airport, bus, and train stations. There is no shuttle service to Boston, MA or Manchester, NH Airports. Uber service is not available in Northfield. Shuttle service to and from Norwich for public transportation is available for a fee via <a href="https://www.norwich.edu/campus-resources/campus-map-directions-trip-planning">https://www.norwich.edu/campus-resources/campus-map-directions-trip-planning</a>

- Dartmouth Coach provides transportation from Hanover, NH to Boston's Logan Airport and New York City
- Montpelier VT Greyhound provides bus transportation from Montpelier, VT to Hanover, NH
- Taxi: Rides at Your Service, Montpelier, VT, (207) 337-3095 Call or text. Will pick up in Northfield, VT

<sup>\*</sup>Shoe box with healthy snacks is allowed during Rook Week and after