



# FUTURE LEADER CAMP

## Packing List

### CLOTHING

- 1 Pair Athletic Sneakers (*running*)
- 1 Pair Blue Jeans or Similar Pants
- 2 Sets Shorts & T-shirts
- 1 Pair Ankle (Mid) Hiking Boots
- 1 Swimsuit (*one-piece for females*)
- 1 pr Shower Shoes (*Flip-Flops*)
- 1 Set Sleepwear

### UNDERGARMENTS

- 7 Pair White Athletic Socks
- 7 Pair Boot Socks (Lightweight)
- 7 Pair Briefs or Boxers (Males)
- 7 Sports Bras (Females)
- 7 Pair Underwear (Females)

### GEAR

- 1 Backpack (School Sized)
- 1 Canteen or Camelback
- 1 Sleeping Bag w/ Sleeping Pad
- 1 Pair Gloves (*lightweight*)
- 1 Knit Cap (*black/navy*)
- 1 Poncho or Waterproof Jacket
- 1 Small Flashlight w/Extra Batteries
- 1 Leatherman/Pocket Tool (*optional*)
- 1 Small First Aid Kit (*optional*)

### LINENS

- 1 Pillow, Standard Size & Blanket
- 2 White Pillow Cases
- 2 Sets White Sheets, Twin,
- 3 White Towels, Bath Size
- 3 White Towels, Washcloth
- 1 Roll Quarters for Laundry

### SUPPLIES

- 1 Set Toiletries
- 1 Box Laundry Soap
- 1 Laundry Bag
- 1 Bottle Sunscreen SPF 15 or Above
- 1 Set Sunglasses (*optional*)
- 1 Bottle Insect Repellent
- 1 Box Baby Wipes
- 10 Non-Wire Hangers
- 1 Wristwatch (*optional*)
- 1 Camera, Inexpensive (*optional*)
- 1 Small Room/Personal Fan (Recommended)
- 3 Black Ink Pens
- 2 Mechanical Pencils
- 1 Small Notebook/Notepad/Organizer

## MARK YOUR EQUIPMENT!

Participants should arrive wearing a set of clothing from the above list to facilitate packing.

Participants are not required to cut their hair for camp. However, due to safety concerns and uniformity, participants with long hair must wear their hair up and off the collar. Only barrettes, elastics, or bobby pins that match the participant's hair color will be worn.

Personal clothing will not bear logos or emblems that would be considered inflammatory or offensive to any group. Foul language, sexually explicit or demeaning comments, racial slurs, and ads for alcohol or tobacco products are examples.

**Cell phones and iPods are permitted for use during personal time only. If used during training they will be confiscated. These items are your responsibility.**

## WHAT NOT TO BRING!

Weapons of any Kind  
High Dollar Value Items  
Tobacco Products

Knives  
TV/Radios  
Alcoholic Beverages

Illegal Drugs  
Stereos  
Offensive Literature

Participants will live in close quarters to one another. Remember not to leave valuables lying around. A bank will be set up during registration to collect valuables and cash for those wishing to secure these items.

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